What's on

Your guide to activities, clubs and events in the borough

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Waltham Forest

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Waltham Forest NEWS

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www.walthamforest.gov.uk

Issue 114 | 12 May 2014

Get ready to cast your vote on Election Day

Local and European elections take place on Thursday 22 May. Make sure you are ready to vote on Election Day

On Thursday 22 May residents will vote in both the local and European elections.

Local elections for Waltham Forest take place every four years, when candidates compete for all sixty seats on the Council. You can vote for up to three candidates in your ward.

European Parliamentary Elections are held every five years, and this year they are taking place on the same day as the local elections. Voters have one vote each for Members of the European Parliament (MEPs) for London.

On Election Day the borough's polling stations will be open from 7am to 10pm.

Electors should already have received their polling cards for both the local and European elections. If you have not received your polling card, please phone Waltham Forest Direct. It is helpful if you bring your polling card to the polling station, but you do not need it to vote.

Postal voting forms, for people who have already registered to vote by post, were sent out by the Council on Friday 8 May. Please fill in and return your postal vote as soon as possible. If you have not received your postal vote form, please phone Waltham Forest Direct.

If you have chosen to vote by post, you must make sure you do this on your own and in private – just as you would in a polling station. Only the named voter should see any vote cast, and under no circumstances should a voter pass their ballot paper to anyone else. You should fill out the ballot paper, place it in the envelope provided and post it yourself.

It is not uncommon for political parties and candidates to be door-knocking in the run up to Election Day. This is perfectly legal, but you should not feel pressured to vote in a certain way, and should never hand over your postal vote.

Please turn to p2-3 of this edition of Waltham Forest News to see a full list of candidates for the local elections and more information about the European Parliamentary Elections.

More info

For more information on the local elections visit **www.walthamforest.gov.uk/elections** or phone Waltham Forest Direct on **020 8496 3000**. For more information on the London European Elections visit **www.londoneuroelections.org.uk**. Free internet access is available at all libraries in the borough.

Keep up to date with the latest news in Waltham Forest

If you want information on the latest council news, events, service changes and consultations sent straight to your inbox, sign up to Waltham Forest Council e-news online at www.walthamforest.gov.uk/enews

Waltham Forest

In brief

Photo exhibition

An exhibition celebrating some of the country's best Victorian and Edwardian buildings is on show in Waltham Forest. The Victorian Society's 'Saving a Century' exhibition opened at Walthamstow Library on Friday 2 May. The photos show buildings from across England which the Society has campaigned to save, and some which have regrettably been lost. Curated by noted architectural historian Gavin Stamp, it will be on show free of charge at Walthamstow Library (High Street, E17 7JN) until Saturday 31 May. The library is open Monday to Friday, 9am to 7pm; Saturdays, 9am to 6pm and Sundays, 10am to 4pm.

• For more information visit www.victoriansociety.org.uk or phone 020 8994 1019.

Operation Big Wing

Thirty arrests were made by the borough's police officers for offences including robbery and assaults following a large scale operation. More than 100 police officers took part in Operation Big Wing – a coordinated day of action targeting burglary, theft and related offences. Arrests were made for aggravated burglary, theft of a mobile phone, cultivation of cannabis and criminal damage. Street briefings and crime prevention events also took place at transport hubs. The latest Operation Big Wing, a London-wide initiative, involved 3,305 officers across the city.

• Visit http://content.met.police.uk/Borough/WalthamForest. Free internet access is available at all libraries in the borough.

Blackhorse Workshop

Creative residents have been flocking to Blackhorse Workshop, with sculptors, furniture makers and carpenters all making use of the new facility. And to get even more local people to join in, the Workshop (1-2 Sutherland Road Path, E17 6BX) has launched a competition to transform an old pallet. Whether you create an item of furniture, a sculptural wall piece, an instrument or a hand carved sign, the challenge is to test the limits of what can be made with a pallet. The results will be presented at a special exhibition opening at Blackhorse Workshop on Saturday 7 June.

• Visit www.blackhorseworkshop.co.uk or phone 020 8531 1612. To register for the competition email info@blackhorseworkshop.co.uk.

Waltham Forest Council elections – list of nominees

Local elections to decide who should lead Waltham Forest Council will take place on Thursday 22 May. Please see a full list of nominees below

Cann Hall Ward

Rupert Augustine Alexander – Liberal Democrat Focus Team
Guilherme Gonclaves Rodrigues De Gouveia – Conservative Party Candidate
Patrick Edwards – Labour Party Candidate
Pat Howie – Green Party
Claire Laker-Mansfield – Trade Unionist and Socialist Coalition
Joseph Leport – Conservative Party Candidate
Sally Littlejohn – Labour Party Candidate
Christopher John Nott – Conservative Party Candidate
Liz Phillips – Liberal Democrat Focus Team
Keith Rayner – Labour Party Candidate
Adrian James Trett – Liberal Democrat Focus Team

Cathall Ward

Naheed Asghar – Labour Party Candidate
Pam Bertram – Liberal Democrat Focus Team
Erol Kazim Cakirgoz – Conservative Party Candidate
Carol Onita Chatfield – Conservative Party Candidate
S.K.A Highfield – Labour Party Candidate
John Colin Howard – Liberal Democrat Focus Team
Clyde Kitson – Liberal Democrat Focus Team
Jerry Edward Henry Leport – Conservative Party Candidate
Sue Moorhead – UK Independence Party (UKIP)
Marijerla Ratnaseelan –Trade Unionist and Socialist Coalition
Glyn Lloyd Roberts – Green Party
Terry Wheeler – Labour Party Candidate

Chapel End Ward

Elliott Burton – Conservative Party Candidate
Judith Chisholm-Benli – UK Independence Party (UKIP)
Paul Leslie Douglas – Labour Party Candidate
James Nicholas Goodman – Liberal Democrat Focus Team
Sean Meiszner – Liberal Democrat Focus Team
Louise Claire Mitchell – Labour Party Candidate
Tulat Mahmood Raja – Liberal Democrat Focus Team
Kieran Sargent – Conservative Party Candidate
Steve Terry – Labour Party Candidate
Glenroy Watson – Trade Unionist and Socialist Coalition
Sue Wheat – Green Party

Chingford Green Ward

None Of The Above – Independent
Jeffrey G Blay – Labour Party Candidate
Joan Margaret Carder – Liberal Democrats
Matt Davis – Conservative Party Candidate
Martin John Dore – Labour Party Candidate
Nick Halebi – Conservative Party Candidate
Andy Hemsted – Conservative Party Candidate
Martin Levin – UK Independence Party (UKIP)
Kathleen Gillian Mudie – Liberal Party Candidate and Local Resident
Manny Thain – Trade Unionist and Socialist Coalition
Neil John Weeks – Labour Party Candidate

Endlebury Ward

Roy John Berg – Conservative Party Candidate
Ted Cooke – Liberal Democrats
Sheila Mary Teresa Dore – Labour Party Candidate
Caroline Louise Erics – Conservative Party Candidate
Peter Victor Herrington – Conservative Party Candidate
Kenneth Robert Kennedy – Labour Party Candidate
Kevin Joseph O'Brien – Green Party
John O'Shea – UK Independence Party (UKIP)
Sarah Sachs-Eldridge – Trade Unionist and Socialist Coalition
Peter Francis Woodrow – Labour Party Candidate

Forest Ward

Arfan Abrahim – Liberal Democrat Focus Team
Kastriot Berberi – Labour Party Candidate
Laurie Braham – Conservative Party Candidate
Ron Bromley – UK Independence Party (UKIP)
Pat Brown – Trade Unionist and Socialist Coalition
Shabana Dhedhi – Labour Party Candidate
Julien Andrew Stewart Foster – Conservative Party Candidate
CEA Guiste – Trade Unionist and Socialist Coalition
Gerry Lyons – Labour Party Candidate
Murle Mitchell – Liberal Democrat Focus Team
Russell Lloyd Pennington – Trade Unionist and Socialist Coalition
Derek Robert Pryor – Conservative Party Candidate
Farooq Qureshi – Liberal Democrat Focus Team
Daniel Ritman – Green Party

Grove Green Ward

Nic Fripp – Trade Unionist and Socialist Coalition
Jacqueline Elizabeth Howe – Conservative Party Candidate
Andrei Mihai Ilies – Liberal Democrat Focus Team
Pervaiz Akhter Khan – Conservative Party Candidate
Khevyn Limbajee – Labour Party Candidate
Imran Khan Mahmood – Liberal Democrat Focus Team
Naser Masood – Liberal Democrat Focus Team
Anna Mbachu – Labour Party Candidate
Bill Measure – Green Party
Maureen Christabel Measure – Green Party
Chris Robbins – Labour Party Candidate
Tim Roedel – Trade Unionist and Socialist Coalition
Lauren Susan Schofield Smith – Conservative Party Candidate

Hale End and Highams Park Ward

Tony Bell – Labour Party Candidate
Simon Bottomley – Labour Party Candidate
Paul Robert Braham – Conservative Party Candidate
Robert Brock – UK Independence Party (UKIP)
Danny Byrne – Trade Unionist and Socialist Coalition
Jonathan Lloyd – Labour Party Candidate
Gerry McGarry – Liberal Democrats
Jane Elizabeth Morgan – Liberal Democrats
Sheree Lisa Rackham – Conservative Party Candidate
Rebecca Redwood – Green Party
Sheila Smith-Pryor – Liberal Democrats
Darshan Singh Sunger – Conservative Party Candidate

Hatch Lane Ward

Marion Joyce Fitzgerald – Conservative Party Candidate
Stephen Richard Garrett – Labour Party Candidate
Paul Hillman – UK Independence Party (UKIP)
Tim Raymond James – Conservative Party Candidate
Marc Hywell Jones – Liberal Democrats
Nicholas Lyulph Russell – Labour Party Candidate
Graham Smith – Labour Party Candidate
Robert Frank Tatam – Green Party
Geoffrey Arthur Walker – Conservative Party Candidate
Sue Wills – Trade Unionist and Socialist Coalition

High Street Ward

Liaquat Ali – Labour Party Candidate
Raja Anwar – Labour Party Candidate
Michael Dennis Bamber – Conservative Party Candidate
Nelia Masa Cetin – Liberal Democrat Focus Team
Shane Aubrey Duff Clapham – Conservative Party Candidate
Clare Coghill – Labour Party Candidate
Harry Alexander Greenfield – Green Party
Marvin Isaac Harris Hay – Trade Unionist and Socialist Coalition
Mahmood Akhtar Hussain – Liberal Democrat Focus Team
John Richard Macklin – Independent
James Martin O'Rourke – Independent
Nancy Taaffe – Trade Unionist and Socialist Coalition
Senan Uthayasenan – Trade Unionist and Socialist Coalition
Rachel Anne Wedderburn – Conservative Party Candidate
Bob Wheatley – Liberal Democrat Focus Team

Higham Hill Ward

Karen Bellamy – Labour Party Candidate
Tim Bennett-Goodman – Labour Party Candidate
Kathy Berg – Conservative Party Candidate
David Bracegirdle – UK Independence Party (UKIP)
Robert Laurence Cantwell – Conservative Party Candidate
Mike Cleverley – Trade Unionist and Socialist Coalition
Louise Helen Cuffaro – Trade Unionist and Socialist Coalition
Colin Andrew Mace – Conservative Party Candidate
Tahir Mahmood Raja – Liberal Democrat Focus Team
Patrick Charles Smith – Liberal Democrat Focus Team
Alistair Strathern – Labour Party Candidate
Peter Derek Woollcott – Liberal Democrat Focus Team

Hoe Street Ward

Jahanara Azim – Liberal Democrat Focus Team
Paul Alexander Bell – Trade Unionist and Socialist Coalition
Jonathan Canty – Conservative Party Candidate
David Angus Robert Hamilton – Green Party
Peter Hatton – Liberal Democrat Focus Team
Roger William Hemsted – Conservative Party Candidate
Pamela Jovcic – Conservative Party Candidate
Ahsan Khan – Labour Party Candidate
Stephen William Lambert – Green Party
Saima Mahmud – Labour Party Candidate
Mark Simon Rusling – Labour Party Candidate
Anne RoseMary Warrington – Green Party
Zeliha Yilmaz – Liberal Democrat Focus Team

Larkswood Ward

Millie Elizabeth Balkan – Conservative Party Candidate
Bob Carey – Liberal Party Candidate and Local Resident
Anne Garrett – Labour Party Candidate
Noel Anthony Patrick Hayes – Labour Party Candidate
Henrietta Ayodele Jackson – Labour Party Candidate
Richard King – UK Independence Party (UKIP)
Bernadette Catherine Mill – Conservative Party Candidate
John Julian Charles Moss – Conservative Party Candidate
Ian Pattison – Trade Unionist and Socialist Coalition
Jennifer Elizabeth Sullivan – Liberal Democrats

Lea Bridge Ward

Masood Ahmad – Labour Party Candidate
Katy Andrews – Liberal Democrat Focus Team
Mohammad Asghar – Labour Party Candidate
Rachel Susan Barrat – Green Party
Christopher Paul Berg – Conservative Party Candidate
Jenny Cantwell – Conservative Party Candidate
Azhar Mahmood Kayani – Liberal Democrat Focus Team
Carsten Lobo – Conservative Party Candidate
Marcin Jozef Nocek – Liberal Democrat Focus Team
Yemi Osho – Labour Party Candidate
Martin Stuart Reynolds – Trade Unionist and Socialist Coalition

Leyton Ward

Suzanne Linda Beishon – Trade Unionist and Socialist Coalition
Jacob Edwards – Labour Party Candidate
James Paul Edwards – Conservative Party Candidate
Jerome Harvey-Agyei – Liberal Democrat Focus Team
Nicholas Charles Hyett – Conservative Party Candidate
Whitney Ihenachor – Labour Party Candidate
Audrey Lee – Liberal Democrat Focus Team
Simon Miller – Labour Party Candidate
Kevin Parslow – Trade Unionist and Socialist Coalition
Anne Pryor – Conservative Party Candidate
Bob Sullivan – Liberal Democrat Focus Team
Diana Wellings – Green Party

Leytonstone Ward

Suleman Naseem Ahmed – Liberal Democrat Focus Team
David Alexander Alt – Conservative Party Candidate
Mark Stephen Dawes – Green Party
Faiz Faiz – Liberal Democrat Focus Team
Jenny Gray – Labour Party Candidate
Len Hockey – Trade Unionist and Socialist Coalition
Helen Blanche Fenia Johnson – Conservative Party Candidate
Clyde Loakes – Labour Party Candidate
Sadia Mirza – Liberal Democrat Focus Team
Suzanne Muna – Trade Unionist and Socialist Coalition
Marie Pye – Labour Party Candidate
Molly Irene Samuel-Leport – Conservative Party Candidate
Aidan Nicholas Taylor – Trade Unionist and Socialist Coalition

Markhouse Ward

Dan Gillman – Trade Unionist and Socialist Coalition
Joel Alexander Hirsch – Trade Unionists and Socialists Against Cuts
Johar Khan – Labour Party Candidate
Matt Lake – Liberal Democrat Focus Team
Nund Lofur – Liberal Democrat Focus Team
Asim Mahmood – Labour Party Candidate
Stephen James Murphy – Conservative Party Candidate
Claire Norman – Green Party
Quintin Alexander Rubin – Liberal Democrat Focus Team
Sharon Monica Waldron – Labour Party Candidate

Valley Ward

Aktar Beg – Labour Party Candidate
Henry Arthur Boyle – Liberal Party Candidate and Local Resident
Jemma Louise Hemsted – Conservative Party Candidate
Shahnaz Malik – Liberal Democrats
John Murray – UK Independence Party (UKIP)
Jonathan O'Dea – Labour Party Candidate
Ian Alexander Paterson – Liberal Democrats
Shumon Saifur Rahman – Labour Party Candidate
Alan William Siggers – Conservative Party Candidate
Laurance Alton Wedderburn – Conservative Party Candidate
Sarah Louise Wrack – Trade Unionist and Socialist Coalition

William Morris Ward

Nadeem Ali – Labour Party Candidate
Jamie Liam Cook – Liberal Democrat Focus Team
Huw Peter Terence Davies – Green Party
Kenneth Stephen Douglas – Trade Unionist and Socialist Coalition
Stuart Emmerson – Labour Party Candidate
Ummer Farooq – UK Independence Party (UKIP)
Gillian Joy Hemsted – Conservative Party Candidate
Qaisar Iqbal – Liberal Democrat Focus Team
Mladen Jovcic – Conservative Party Candidate
Muhammad Irfan Kayani – Liberal Democrat Focus Team
Michael George McClinton – Trade Unionist and Socialist Coalition
Paula Jane Mitchell – Trade Unionist and Socialist Coalition
Sheila Anne Vero – Conservative Party Candidate
Grace Mae Williams – Labour Party Candidate

Wood Street Ward

Abdul Waheed Alavi – Conservative Party Candidate
Ismet Balkan – Conservative Party Candidate
Peter John Barnett – Labour Party Candidate
Angie Bean – Labour Party Candidate
Bob Cox – UK Independence Party (UKIP)
Lee Hawksbee – Trade Unionist and Socialist Coalition
Maqsood Akhtar Hussain – Liberal Democrat Focus Team
Naila Mahmood – Liberal Democrat Focus Team
Sahar Masih – Liberal Democrat Focus Team
Roger Michael Payne – Green Party
Stephen John Poole – Trade Unionist and Socialist Coalition
Riitta Helena Soininen – Conservative Party Candidate
Richard Charles Sweden – Labour Party Candidate

More info

For more information visit **www.walthamforest.gov.uk/elections** or phone Waltham Forest Direct on **020 8496 3000**.

European Parliamentary Elections

Thursday 22 May is also the day of the London elections for European Parliament.

The European Parliament represents people living in the 28 member countries of the European Union including the United Kingdom. Elections for the European Parliament are held every five years.

In London more than five million people will have the opportunity to vote for their representatives in the European Parliament (called Members of the European Parliament or MEPs). Candidates backed by 17 political parties will compete for eight seats to represent London.

The European Parliamentary Elections are run using a form of proportional representation. Voters have one vote only. This vote can be cast for either a political party or an independent candidate. Each political party submits its list of candidates in priority order.

Parties win more seats (which are then allocated to the candidates on the list in priority order) according to the overall share of the vote the party receives. As MEPs represent the whole of London everybody who is eligible to vote in the capital will be voting for the same list of political parties.

Britain is one of eight countries – including Germany and France – to use a "closed list" system. So you vote for a party, rather than an individual candidate. The parties themselves decide who goes on the candidate list for each of the 12 electoral regions.

More info

For more information on the London European Elections visit **www.londoneuroelections.org.uk**. Free internet access is available at all libraries in the borough.

Contact Waltham Forest Council:

Visit www.walthamforest.gov.uk
E-mail Wfdirect@walthamforest.gov.uk
Call 020 8496 3000

Waltham Forest

Sports and fitness

Cycle Club

Sundays, meet 9am
Waltham Forest Town Hall, Forest Road, E17 4JF
If you're interested in joining a cycle club, why not join us for our Sunday ride? We leave at 9.10am for a ride in the Essex/Hertfordshire countryside. Various rides from 25 miles upwards. We are involved in all types of riding from social to competitive racing. We are also running a Ten Mile Time Trial series for 11 weeks at the Olympic Velo Park from Tuesday 13 May. This is open to all competent cyclists. **For more information visit www.leavalleycc.co.uk or email joseph.mumford@virginmedia.com**

Pilates Fusion Course

Tuesday 29 April to Tuesday 3 June, 7.30–8.30pm
Harmony Hall, 10 Truro Road, E17 7BY
This one hour session includes 20 minutes low impact cardio (fitness with a twist) and 40 minutes Pilates for toning and strengthening the whole body. You will learn all Pilates principles, and how to perform them with ease and confidence. £45 for six week course. **For more information email mail@infinehealth.co.uk or phone Sonja on 07847 603 423.**

Love 2 Run

Starting Tuesday 13 May, 7pm
Eton Manor AC Clubhouse, The Cottage, 3 Marsh Lane, E10 7BL
Eton Manor AC is once again running its popular Love 2 Run programme which can take you from no running to running 5km in nine weeks. The first five weeks of the course are free. **For more information phone Rachel Brittle, Club Secretary, on 07931 049 638 or email etonmanorac2013@gmail.com**

Yoga 4 Healthy Backs

Mondays, 8.30–9.30pm
Quaker Meeting House, Bush Road, E11 3AU
Wednesdays, 10–11.15am
United Reformed Church, Buxton Road, E4 7DP
Join us for this 12 week programme. **For more information visit www.arlenedunkley-wood.co.uk or email info@arlenedunkley-wood.co.uk**

Perinatal and Fertility Yoga

Wednesdays, 11.30am–1pm
United Reformed Church, Buxton Road, E4 7DP
Arlene trained with the Birthlight Foundation, and is a specialist perinatal and fertility yoga therapist. Creating a space of calmness and non-judgmental understanding, at a time which is sensitive and stressful for some women. Safe to do in the early days of implantation and conception. **For a registration form and more information visit www.arlenedunkley-wood.co.uk or email info@arlenedunkley-wood.co.uk**

Women Only Pilates

Every Friday except first, 7–8pm
Foster Hall, Wellesley Road, E17 8JZ
Traditional mat based Pilates is one of the most effective body sculpting workouts you can do. Pilates combines strengthening, relaxation, flexibility, alignment and stamina by correcting muscular imbalances and alleviating tension. Mixed abilities, £5 per class, mat required. **For more information email mariabonner@btinternet.com or phone Maria 07514 180 360.**

Halex Bowling Club

Days and times TBC
Hickman Lane, Highams Park
Why not come along and try your hand at bowling with a very friendly club? Whether you are a beginner or a keen Bowler, all are welcome. **For more information phone Gill on 020 8529 6925 or Dave on 020 8529 8525.**

Mixed Ability Yoga Classes

Wednesdays, 7.30–9.30pm; Thursdays, 7–8.30pm and 8.40–10.10pm
Friends Meeting House, Bush Road, E11 3AU
Fridays, 7–8.30pm and 8.40–10.10pm; Mondays, 1–3pm
Peterhouse Centre, Forest Rise, E17 3PW
Down-to-earth Hatha Yoga, beginners welcome. All mixed ability classes. Help for anxiety and depression as well as physical problems; sleep better, feel better. Kay has been a fully qualified teacher since 1984. £8 for 1.5 hour classes, £8.50 for two hours. **For more information, or to book, phone Kay on 020 8554 7168 or email kay_russell_yoga@hotmail.com**

Ladies Tap Dancing Classes

Thursdays; beginners 12.15–1pm and improvers, 1.15–2.15pm
St Edmund's Church Hall, Chingford Mount Road
Charge of £4 per class. **For more information phone Mandy on 07976 786 404 or 01992 524 681.**

Ladies weekly running group

Mondays, 7pm
Peter May Sports Centre, 135 Wadham Road, E17 4HR
Take part in Waltham Forest Ladies Weekly Running Group. £2 per session. **For more information phone 07738 178 409 or email sharron_rooney@yahoo.com**

Yogi J Yoga

Mondays 7–8pm
The Limes Community Centre, 6 Somers Road, E17 6RX
A mixed ability class focusing on mind, body and breath. Suitable for all levels, moving through gentle poses with options to deepen your practice. Develop flexibility, balance, strength and relaxation in the body and the mind. £9 drop in or buy a six week block for £45. Bring your own mat or buy one from me for £10. **For more information please email jjcassidy123@aol.com**

Zumba with Zoe

Mondays, 7.30pm
The Score Centre, 100 Oliver Road, E10 5JY
Classes are great fun, an excellent way to keep fit, lose weight and every class feels like a party. Zumba is your opportunity to express yourself and unleash your Latin within! £5 per class. **For more information email info@zumbazoe.co.uk or visit www.zumbazoe.co.uk**

Anyone for Tennis – Seniors

Wednesdays, 11am–1pm
Whitehall Tennis Club, 254 Larkshall Road, E4 9HZ
If you are over 60 and still have a bit of energy, why not come along to our friendly club and develop your tennis skills. Members free, guests £3. Balls, racquets and courts provided. **For more information phone Emma on 07936 533 922 or Charles on 020 8529 4330.**

Restorative Yoga

Mondays, 6–7pm
The Mill, 7–11 Coppermill Lane, E17 7HA
Gentle healing yoga poses and relaxation class for health conditions, or limited mobility. Safe, effective way to increase physical activity, strength, balance and flexibility. Helps with numerous conditions from high blood pressure, pain management and back problems to depression and stress. £54 for six weeks or £9 drop in. **For more information, and bookings, email josettayoga@hotmail.co.uk**

Ashtanga Yoga

Mondays, 7–8.30pm
The Mill, 7–11 Coppermill Lane, E17 7HA
Fast flowing dynamic yoga class. Learn this amazing sequence of postures so you can practice anywhere. Great for increasing fitness, stamina, strength, flexibility and balance. All levels, beginners welcome. £10 drop in. **For more information, and bookings, email josettayoga@hotmail.co.uk**

Clubs and community

Highams Park Day 2014

Saturday 12 July, 11am – 4pm
Vincent Green, Vincent Road, Highams Park
Local stalls, food, refreshments, entertainment and much more! **For more information phone Andrew Golds on 020 8531 5695 (Tuesday – Saturday) or email andrewgolds48@hotmail.co.uk**

Leytonstone Green Drinks

Thursday 15 May, from 8pm
The Walnut Tree, 857–861 High Road Leytonstone, E11 1HH
Are you green and eco-minded? Do you want to meet others with the same interests? Then come along on the 15th of any month and enjoy good company, green conversation and great beer. Look for the table with the 3 Green Tankards sign. **Phone 07747 014 235 or email events@transitionleytonstone.org.uk for more information.**

Community local produce stall

Every Saturday, 10.30am – 3pm
St John's Church, Church Lane, Leytonstone
A stall selling delicious, locally grown organic fruit and vegetables and other local produce. A partnership between Organiclea and Transition Leytonstone.
For more information email stall@transitionleytonstone.org.uk or phone 020 8556 3090.

Chews Dog Training

Mondays, Wednesdays and Thursdays
Near Chingford Mount
Puppy and adult classes available. Friendly club for pet dog training.
For more information phone Sarah on 020 8523 9937 or 07732 306 543 or email chewsdogtraining@yahoo.co.uk

Family Fun Day

Saturday 14 June, 12–4pm
South Chingford Congregational Church, 161 Chingford Mount Road, E4 8LT
There will be a Music Marathon; homemade cakes, bakes and crafts; stalls and Tombolas, BBQ and refreshments. Admission is free.

Mindfulness Course

Thursdays from 5 June, 7–9pm
Mindfulness can help reduce stress and build resilience. It is a skill that we can learn to enhance our wellbeing. This six-week course is a great way to get started. **Book via info@mindfulworld.co.uk. For more information visit www.mindfulworld.co.uk**

Affordable Psychotherapy in English and Spanish

Monday to Friday, 9am–8pm
Near Blackhorse Road Station
Short and long term psychotherapy for individuals and couples. Sliding scale of fees, meaning that everyone can access psychotherapy. Concessions for students, unwaged and retired people. **For more information phone Valeria Bonfiglio on 07912 887 588, email vb.psychologist@gmail.com or visit www.valeriabonfiglio.co.uk**

Link4Coffee

First Thursday of every month, 9.30–11.30am
Goals Chingford, Morrisons Avenue, E4 8SN
Come and join us at our informal coffee morning where we bring a variety of people together from the local area including residents, community groups and businesses so we can help each other. By connecting with other people we can make a difference and so can you! We are not for profit. **For more information visit http://link4growth.biz/l4g/. To book a place visit http://tinyurl.com/qxhxxe3, email chingford@link4growth.biz or phone Debra on 07906 007 613.**

Christian Aid Coffee Morning

Saturday 17 May, 10am–12.30pm
St Andrew's Church, Church Road, E17 6AR
Toiletries, jewellery, books, delicious cakes, raffle and more. Parking available and buses stop nearby. Come along, get a bargain and help us to raise money at the same time.

Free Employability Training

Starts Friday 23 May, 10am–12.30pm
The Mill, 7–11 Coppermill Lane, E17 7HA
Workshops for unemployed residents which will help you get back to work or volunteering by rebuilding your self-confidence and your aspirations. You will learn a range of practical and useful techniques that can give you the boost you need. Workshops can be of value to the short or long term unemployed. Please confirm your place early, maximum 10 per week. Volunteers are also needed and will be trained to assist in the running of this project. **For more information, or to book, email kiechelle@kiechelle.com**

LGBT Afternoon Tea Club

Fourth Sunday of the month, 2.30–4.30pm
ELOP Centre, 56–60 Grove Road, E17 9BN
It's our LGBT Afternoon Tea Club, the kettle's on and we have cakes and cookies worth stepping out for, so come join us for a good old fashioned get together. This group is for all LGBT residents aged 50+. We are also recruiting peer volunteers to support our staff to deliver the sessions. Email volunteer@elop.org to find out about our recruitment process. **For more information on ELOP and other group activities and services phone 020 8509 3898, email info@elop.org or visit www.elop.org.**

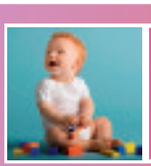
Culture and crafts

Beulah Road Market

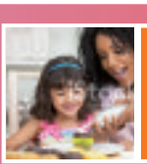
Saturdays, 11am–4pm
52–54 Beulah Road, Walthamstow Village, E17 9LQ
Abstract yarn shop and Fox & Bear vintage clothing are thrilled to announce the launch of a new outdoor market in Walthamstow Village. Every Saturday we will showcase local talents from jewellery designers to ceramic artists, from print makers to bespoke furniture by Bella Quail alongside British food by Bestowed Kitchen. **For more information, and to reserve a stall, email alessandrarigillo@googlemail.com**

Whitsun Daze

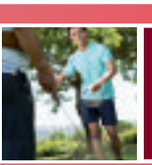
See inside for playschemes, events, activities and entertainment



Activities for children under 5



Activities for children aged 5 to 11



Activities for young people aged 11 to 19

Activities for all ages

Looking for something to do during the **Half Term** break?

Please check the What's On section of the Children and Young People's Directory for events taking place in the borough every day, including Half Term: **www.walthamforest.gov.uk/cypd**

Waltham Forest

Activities for children under 5

FUN ACTIVITIES FOR YOUNG LEYTONSTONE FAMILIES

0 TO 5 YEARS (OLDER SIBLINGS WELCOME)

Monday to Friday 10am to 12pm and 1pm to 3pm at Leytonstone Library, Langthorne Park and Davies Lane (term-time only)

Monday to Friday 10am to 12pm and 2pm to 4pm and Saturdays 10am to 12pm and 11am to 1pm at Harrow Green Library

Leytonstone Library
Church Lane
E11 1HG

Good Shepherd Building
Davies Lane
E11 3DR

Harrow Green Library
Cathall Road
E11 4LF

Langthorne Park
Birch Grove
E11 4YG

A range of activities planned within the Early Years Foundations Stage for children 0 to 5 years throughout the term and in the holidays. Older siblings are also welcome.

Please see our website www.leytonstonechildrenscentre.org.uk or Facebook page called Leytonstone Families for more details.

★ **FREE** ★

Leytonstone Children's Centre
020 8496 2961
anna.rinaldi@leytonstonechildrenscentre.org.uk

CRASH COURSE SWIMMING LESSONS FOR CHILDREN

3 TO 12 YEARS

Tuesday 27th to Friday 30th May 2014
8.30am to 10.30am
Sylvestrian Leisure Centre
Forest School
College Place
Snaresbrook
E17 3PY

Five day intensive swimming lessons for children. Each lesson lasts 30 minutes. Time slots are available between 8.30am and 10.30am.

£24

Sylvestrian Leisure Centre
020 8509 6526 or 020 8509 6544
enquiries@sylvestrian-leisure.co.uk

POND DIPPING

3 TO 11 YEARS

Tuesday 27th May 2014
10am to 1pm
Aveling Centre Community Room
Lloyd Park
Forest Road
Walthamstow
E17 4PP

Join us to try your hand at pond dipping and learn who lives in the waters of Lloyd Park. This is a Family Learning activity, so parents need to stay with children at all times.

★ **FREE** ★

Rachel Hoyes 07787 193981
r.hoyes@tcv.org.uk

BIG BUG HUNT

3 TO 11 YEARS

Thursday 29th May 2014
10am to 1pm
Aveling Centre Community Room
Lloyd Park
Forest Road
Walthamstow
E17 4PP

Hunt around the park for all types of insects and then return to the community room to make recycled mini beasts. This is a Family Learning activity so parents need to stay with children at all times.

★ **FREE** ★

Rachel Hoyes
07787 193981
r.hoyes@tcv.org.uk

TOTS WATER WORLD

0 TO 5 YEARS

Wednesday 28th May 2014
12pm to 12.30pm and 12.30pm to 1pm
Friday 30th May 2014
12pm to 12.30pm and 12.30pm to 1pm
Chingford Leisure Centre
Unit 4, Larkswood Leisure Park
New Road
Chingford
E4 9EY

A drop in session for children under 5. Children are invited into the pool in an exciting environment with toys and songs.

£4.90 per session for non members

Chingford Leisure Centre
020 8523 8215
chingford@gll.org

JUNIOR MULTI-SPORTS

3 TO 7 YEARS

Tuesday 27th to Friday 30th May 2014
8.30am to 9.30am
Chingford Leisure Centre
Unit 4, Larkswood Leisure Park
New Road
Chingford
E4 9EY

A variety of sports including, dodgeball, tag games, football and athletics.

£20

Chingford Leisure Centre
020 8523 8215
larkswood@gll.org

COMMUNITY FREE PLAY

2 TO 4 YEARS

Tuesday 27th May 2014
(also the last Tuesday of the month until Tuesday 26th August 2014)
12.30pm to 2.30pm
Docklands Day Nursery
26 Fairlop Road
Leytonstone
E11 1BN

Community free play session where children can learn and be engaged with Early Years professionals. Parents stay with their children and they also have access to expert advice on Early Years.

★ **FREE** ★

Docklands Day Nursery
020 8539 0900
info@docklandsdaynursery.co.uk

Please check the What's On section of the Children and Young People's Directory for events taking place in the borough every day, including **Half Term:**
www.walthamforest.gov.uk/cypd

Activities for children aged 5 to 11

DR WHO STORY WORKSHOP

8 TO 11 YEARS

Monday 26th May 2014
10.30am to 11.30am North Chingford Library
12.30pm to 1.30pm Higham Hill Library
2.30pm to 3.30pm Leyton Library
4.30pm to 5.30pm Leytonstone Library

North Chingford Library
The Green, Station Road
Chingford
E4 7EN

Leyton Library
High Road
Leyton
E10 5QH

Higham Hill Library
North Countess Road
Walthamstow
E17 5HS

Leytonstone Library
6 Church Lane
Leytonstone
E11 1HG

Join the Doctor as he explores new galaxies, learn about descriptive words and show off your creative writing skills in this awesome adventure! Workshop delivered in partnership with Explore Learning, Chingford. Go to www.wflibraries.eventbrite.com to reserve your place, or book at the library.

★ **FREE** ★

020 8496 3000

A DAY IN THE LIFE OF… A WIMPY KID

8 TO 11 YEARS

Tuesday 27th May 2014
10.30am to 11.30am Hale End Library
12.30pm to 1.30pm Wood Street Library
2.30pm to 3.30pm Walthamstow Library
4.30pm to 5.30pm Lea Bridge Library

Hale End Library
Castle Avenue
Highams Park
E4 9QD

Walthamstow Library
High Road
Walthamstow
E17 7JN

Wood Street Library
Forest Road
Walthamstow
E17 4AA

Lea Bridge Library
Lea Bridge Road
Leyton
E10 7HU

Have you enjoyed Greg Heffley's tales of life as a wimpy kid? Create your own diary entry based on the adventure and excitement of a day in your life!

Workshop delivered in partnership with Explore Learning, Chingford. Go to www.wflibraries.eventbrite.com to reserve your place, or book at the library.

★ **FREE** ★

020 8496 3000

CHILDCARE SOLUTION HOLIDAY CLUB

4 TO 14 YEARS

Tuesday 27th to Friday 30th May 2014
8am to 6pm
The Asian Centre
18a Orford Road
Walthamstow
E17 9LN

Our holiday club is an amazing experience of fun and learning. Children will have the opportunity to investigate and explore both on and off site. Trips will include boating, Quasar, ice skating and Lee Valley. Come be a part of the fun!

£22 per day if booked in advance

Amanda or Jennifer
07961 018708
info@childcare-solution.com
www.childcare-solution.com

BARCLAY PRIMARY SCHOOL HOLIDAY CLUB

4 TO 11 YEARS (RECEPTION CLASS THROUGH TO YEAR 6)

Tuesday 27th to Friday 30th May 2014
8am to 6pm
Barclay Primary School
155 Canterbury Road
Leyton
E10 6EJ
(Peterborough Road entrance)

Fun holiday club with arts and crafts, football, games, trips, Wii, computers, team games and lots more.

£112.50 per week
£22.50 per day
£15 per half day session

Steffi Cooper
020 8539 6777 or 07926 170564
s.cooper@barclayprimary.net

CRASH COURSE SWIMMING LESSONS FOR CHILDREN

3 TO 12 YEARS

Tuesday 27th to Friday 30th May 2014
8.30am to 10.30am
Sylvestrian Leisure Centre
Forest School
College Place
Snaresbrook
E17 3PY

Five day intensive swimming lessons for children. Each lesson lasts 30 minutes. Time slots are available between 8.30am and 10.30am.

£24

Sylvestrian Leisure Centre
020 8509 6526 or 020 8509 6544
enquiries@sylvestrian-leisure.co.uk

REDWOOD PRE-SCHOOL HOLIDAY PLAYSCHEME

2 TO 7 YEARS

Tuesday 27th to Friday 30th May 2014
8am to 9.30am Breakfast Club
9.30am to 4.30pm All Day Provision
4.30pm to 6pm Teatime Club

Redwood Pre-School
The Bell Centre, 3 Holloway Road
Leytonstone
E11 4LD

Redwood holiday playscheme offers a caring, fully inclusive and safe environment for all children with planned daily themes focused on fun, fun, fun! Places are limited so book NOW to avoid disappointment.

From £12 per day

020 8539 8559
redwoodpreschool@btconnect.com
www.redwoodpreschool.org.uk

Please check the What's On section of the Children and Young People's Directory for events taking place in the borough every day, including **Half Term:**
www.walthamforest.gov.uk/cypd

Activities for children aged 5 to 11

POND DIPPING

3 TO 11 YEARS

Tuesday 27th May 2014

10am to 1pm

Aveling Centre Community Room
Lloyd Park
Forest Road
Walthamstow
E17 4PP

Join us to try your hand at pond dipping and learn who lives in the waters of Lloyd Park. This is a Family Learning activity so parents need to stay with children at all times.

★ **FREE** ★

Rachel Hoyes 07787 193981
r.hoyes@tcv.org.uk

BIG BUG HUNT

3 TO 11 YEARS

Thursday 29th May 2014

10am to 1pm

Aveling Centre Community Room
Lloyd Park
Forest Road
Walthamstow
E17 4PP

Hunt around the park for all types of insects and then return to the community room to make recycled mini beasts. This is a Family Learning activity so parents need to stay with children at all times.

★ **FREE** ★

Rachel Hoyes – 07787 193981
r.hoyes@tcv.org.uk

YELLOW BIRDS HOLIDAY CLUB

3 TO 13 YEARS

Tuesday 27th to Friday 30th May 2014

8am to 6pm

South Chingford Methodist Church.
3 New Road
Chingford
E4 9EU

We can provide for all your childcare needs between 8am to 6pm weekdays. Our programmes include trips, sports, drama, music, dance and cookery. For a full list of all our planned activities as well as details of our free play toys, activities and resources please email Ella.

From £23 per day (discount for sibling)
+10% off when booking a week

Ella Parkinson
020 8531 9658 or 07723 332493
YellowBirdsinfo@aol.com

BETTER HOLIDAY PLAYSCHEME

5 TO 11 YEARS

Tuesday 27th to Friday 30th May 2014

8.45am to 5am

Walthamstow Leisure Centre
243 Markhouse Road
Walthamstow
E17 8RN

Our Ofsted registered playscheme runs throughout the school holidays for 5 to 11 year olds. Enjoy fun packed days with castle raiders, pirates, arts and crafts, crazy competitions, indoor/outdoor sports, face painting, gymnastics and much more.

£12.80 1 day (Concession: £10.70)
£51.20 4 days (Concession £42.80)

Walthamstow Leisure Centre
020 8520 7464
Walthamstow@gll.org

STAR TRACK

6 TO 12 YEARS

Tuesday 27th to Friday 30th May 2014

10am to 2pm

Lee Valley Athletics Centre
61 Meridian Way
Edmonton
N9 0AR

Do you have a budding athlete at home? This half term holiday course offers children aged 8 to 12 years expert tuition in a range of athletic skills from javelin to long jump. There is also a three day course for 6 to 8 year olds. Please call or book online.

£44 to £54
(£29 for 3 day course)

020 8344 7230
lvac@leevalleypark.org.uk

MAY HALF TERM PLAYSCHEME

3 TO 8 YEARS

Tuesday 27th to Friday 30th May 2014

8am to 6pm

Low Hall Nursery School & Children's Centre
Low Hall Lane
Walthamstow
E17 8BE

Lots of exciting activities including painting, clay, music, soft play, pond dipping and gardening. We have qualified and DBS checked staff and an Outstanding Ofsted grade. Breakfast and tea are also included in the price.

£25 per day

Mary 020 8520 1689
school@lowhall.waltham.sch.uk

HOLIDAY PLAYSCHEME

5 TO 12 YEARS

Thursday 29th to Friday 30th May 2014

10am to 3.30pm

The Limes
6 Somers Road
Walthamstow
E17 6RX

Enjoy a variety of activities including arts, crafts, cooking and trips out. Come and play at our adventure playground, soft play room, ball pit or relax in our sensory room. Booking is required.

£16.50 per day for children without a disability
£7.50 per day for children with a disability in receipt of short break hours

Elen Evans
020 8509 8985
elen@thelimes.org.uk

CHURCH HILL NURSERY SCHOOL AND CHILDREN'S CENTRE HOLIDAY PLAYSCHEME

3 TO 8 YEARS

Tuesday 27th to Friday 30st May 2014

8am to 6pm

Church Hill Nursery School and Children's Centre
Woodbury Road
London
E17 9SB

Our Holiday Playscheme is open for children aged 3 to 8 years and families in the community wanting a place during the school holiday. With lovely indoor and outdoor space, booking is necessary and a minimum of 2 days a week required.

£25 per day (with a packed lunch)
£24 per day (siblings)
£5 if you require breakfast and lunch

Sarah Tansley or Tasha Johnson
020 8520 4919
sarah.tansley@churchhill.waltham.sch.uk

Please check the What's On section of the Children and Young People's Directory for events taking place in the borough every day, including **Half Term:**
www.walthamforest.gov.uk/cypd

Activities for children aged 5 to 11

TLECH HOLIDAY PLAYSCHEME

4 TO 11 YEARS

Tuesday 27th to Friday 30th May 2014

8am to 6.15pm

The Listening Ears and Caring Hands Play Scheme

13 Newcomen Road

Leytonstone

E11 3PU

Enjoy indoor activities such as arts and crafts, computer games, Xbox Kinect and Nintendo Wii plus many more. We also have fun outings to the cinema, bowling and swimming.

£15 per day (excluding trips)

Cecilia 020 8555 4621 or 07951 234864
ceciliakorsah@live.com

WALTHAMSTOW LEISURE CENTRE PLAYSCHEME

5 TO 11 YEARS

Tuesday 27th to Friday 30th May 2014

9am to 5pm

Walthamstow Leisure Centre

243 Markhouse Road

Walthamstow

E17 8RN

A range of fun activities for children with bouncy castle, gymnastics, trampolining, arts and crafts and multi-sports

£10.70 per day (concessions)

£12.80 per day (members)

(£1 to become a member)

Walthamstow Leisure Centre
020 8520 7464
kevin.jones@gll.org

MAY HOLIDAY PLAYSCHEME

5 TO 12 YEARS

Tuesday 27th to Friday 30th May 2014

7am to 6.30pm

Calvary Morning Glory Club

174D Vicarage Road

Leyton

E10 5DX

Sports, computer games, arts, crafts, baking, dance, drama and ICT activities. Three local parks and library within walking distance. We also have at least two outings a week planned.

£19 per day per child

Elizabeth Oyinka-Antwi
07782 644664
elizantwi@hotmail.com

Please check the What's On section of the Children and Young People's Directory for events taking place in the borough every day, including **Half Term:**
www.walthamforest.gov.uk/cypd

Activities for young people aged 11 to 19

JUNIOR FITNESS SESSIONS

11 TO 15 YEARS

Monday 26th to Friday 30th May 2014
1pm to 3pm
Saturday 31st May and Sunday 1st June 2014
12pm to 1.30pm
Peter May Sports Centre
135 Wadham Road
Walthamstow
E17 4HR

Enjoy working out to the latest tunes with your friends. After your induction which is carried out on your first visit. Fitness instructors are on hand to give you ongoing advice.

£1 annual membership card
£3.30 per session

Peter May Sports Centre
020 8531 9358
petermay@gll.org

BADMINTON – DROP IN

16 YEARS AND UNDER

Monday 26th to Friday 30th May 2014
9am to 4pm
Peter May Sports Centre
135 Wadham Road
Walthamstow
E17 4HR

Drop in badminton sessions with 1 hour courts. Must be accompanied by an adult.

£3.55

020 8531 9358
petermay@gll.org

MULTI-AQUATICS

8 YEARS TO 16 YEARS

Monday 26th to Friday 30th May 2014
10am to 10.45am
Chingford Leisure Centre
Unit 4, Larkswood Leisure Park
New Road
Chingford
E4 9EY

Your chance to participate in a host of different aquatic sports, such as diving and water polo.

£30 for the course

Chingford Leisure Centre
020 8523 8215
larkswood@gll.org
www.betterlessons.org.uk

SOCIAL SESSIONS

11 TO 15 YEARS

Thursday 29th May 2014 4pm to 6pm
Forest YMCA
642 Forest Road
Walthamstow
E17 3EF

This is a drop in session. We have loads of great opportunities for you to make new friends, learn new skills, get careers advice, participate in our competitions, go on trips and many other exciting projects.

★ **FREE** ★

Sonia Blackett Senior Youth Worker
07956 195978
sblackett@forestymca.org.uk

SOCIAL NITE

16 TO 19 YEARS

Thursday 29th May 2014
6.30pm to 9pm
Tuesday 27th and Friday 30th May 2014
5.30pm to 7.30pm
Forest YMCA
642 Forest Road
Walthamstow
E17 3EF

This is a drop in session. We have loads of great opportunities for you to make new friends, learn new skills, get careers advice, participate in our competitions, go on trips and many other exciting projects.

★ **FREE** ★

Sonia Blackett Senior Youth Worker
07956 195978
sblackett@forestymca.org.uk

BASKETBALL

16 TO 19 YEARS

Tuesday 27th and Friday 30th May 2014
5.30pm to 7.30pm
Forest YMCA
642 Forest Road
Walthamstow
E17 3EF

Do you want to play like a professional NBA player? If the answer is yes, then this course is for you. You will learn the basics such as dribbling, shooting, defence, teamwork, self-confidence and develop your skills too.

★ **FREE** ★

Sonia Blackett Senior Youth Worker
07956 195978
sblackett@forestymca.org.uk

DIVA ZONE – HAIR & BEAUTY WORKSHOPS

16 TO 19 YEARS

Wednesday 28th May 2014
5pm to 7pm
Forest YMCA
642 Forest Road
Walthamstow
E17 3EF

Have you marvelled at how Rihanna or Lady Gaga has done their make up and hair? Why not learn industry secrets for FREE!

★ **FREE** ★

Sonia Blackett Senior Youth Worker
07956 195978
sblackett@forestymca.org.uk

TABLE TENNIS

11 TO 19 YEARS

Saturday 31st May 2014
10am to 1.30pm
Forest YMCA
642 Forest Road
Walthamstow
E17 3EF

This fun session is for those who have never picked up a table tennis bat before or who have played for fun and would like to learn more.

★ **FREE** ★

Sonia Blackett Senior Youth Worker
07956 195978
sblackett@forestymca.org.uk

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www.walthamforest.gov.uk/cypd

Activities for all ages

EXTREME HOLIDAY ACTIVITIES

4 ½ TO 15 YEARS

Tuesday 27th to Friday 30th May 2014

8am to 6pm

Sylvestrian Leisure Centre, Forest School
College Place
Snaresbrook
E17 3PY

This fun filled camp will consist of swimming, inflatables, go karts, archery, roller discos, arts and crafts, Laser Tag, Petting Zoo, multi sports and much more. We will ensure your child's safety is paramount and they be returned to you happy and exhausted at the end of the day.

£32 per day or £128 per week

Sylvestrian Leisure Centre Reception
020 8509 6526

FAMILY ASTRO-NIGHT

5 YEARS AND OVER

Tuesday 27th May 2014

6pm to 8pm

Epping Forest Field Centre
Paul's Nursery Road
High Beach
Loughton
Essex
IG10 4AF

There will be audience participation with practical demonstrations and time for questions afterwards. Given clear skies, there will be the chance for everyone to safely observe the Sun with suitable astronomical equipment. Booking required.

£6 per person

Epping Forest Field Centre
020 8502 8500
enquiries.ef@field-studies-council.org

FAMILY AMPHIBIANS

7 YEARS AND OVER

Wednesday 28th May 2014

2pm to 4pm

Epping Forest Field Centre
Paul's Nursery Road
High Beach
Loughton
Essex
IG10 4AF

This practical, hands-on course will involve dipping nets in our centres ponds to try and capture several of the species of amphibians which live in Epping Forest. You will have the chance to see amphibians close-up and find out many interesting facts.

£6 per person

Epping Forest Field Centre
020 8502 8500
enquiries.ef@field-studies-council.org

SHORT COURSE SWIMMING LESSONS

5 YEARS AND OVER

Monday 26th to Friday 30th May 2014

8am to 8.30am and 8.30am to 9am

Leyton Leisure Centre
763 High Road
Leyton
E10 5AB

Come and join us during for our Easter holiday short course swimming lessons. Available for Stages 1 and 2 in the mornings throughout half term.

£21.95 for the 5 days

Leyton Leisure Centre
020 8558 8858
leyton@gll.org

FUN SWIMS

ALL AGES

Various times throughout the week

Leyton Leisure Centre
763 High Road
Leyton
E10 5AB

This is a fun swim for everyone with the Aqua Play (under 8's area) and the flume in operation.

No swimming lanes operate during this session.

Just come along at the times listed on the website and enjoy your swim in our pool. Swim safely rules do apply.

£4.30 adults
£2.15 children

Leyton Leisure Centre
020 8558 8858
leyton@gll.org
www.better.org.uk/leyton

JUNIOR CRASH COURSE SWIMMING LESSONS

3½ YEARS TO 16 YEARS

Monday 26th to Friday 30th May 2014

8am to 10am

Chingford Leisure Centre
Unit 4, Larkswood Leisure Park
New Road
Chingford
E4 9EY

Five lessons in one week to help you learn an essential life skill with our ASA approved courses taught by experienced instructors.

£21.50 per course

Chingford Leisure Centre
020 8523 8215
larkswood@gll.org
www.betterlessons.org.uk

SHEEP WEEK

ALL AGES

Saturday 24th May to Sunday 1st June 2014

10am to 5pm

Lee Valley Park Farms
Stubbins Hall Lane
Waltham Abbey
Essex
EN9 2EF

An action filled half term packed with baarilliant goings on. Come and join in with the sheep-tastic activities.

£9 Adults
£8 Children
Free Under 2's

Lee Valley Park Farms
01992 892 781
farms@leevalleypark.org.uk

Please check the What's On section of the Children and Young People's Directory for events taking place in the borough every day, including **Half Term:**
www.walthamforest.gov.uk/cypd

Activities for all ages

POND DIPPING

ALL AGES

Thursday 29th May 2014
11am to 1pm
Suntrap Forest Education Centre
Church Road
High Beach
Loughton
Essex
IG10 4AJ

Visit our pond to carefully collect some of the fascinating animals which live there, then have a closer look using microscopes and hand lenses. Bring your own picnic to enjoy in the grounds afterwards.

£2 per person

Suntrap Forest Education Centre
020 8508 0611
suntrap.centre@walthamforest.gov.uk

RIDING CENTRE CUSTOMER SHOW

ALL AGES

Monday 26th May 2014
10.30am to 3.30pm
Lee Valley Riding Centre
71 Lea Bridge Road
Leyton
E10 7QL

Spectators are welcome to watch Lee Valley Riding Centre customers compete in jumping and showing classes. Refreshments available from the Nosebag Café.

★ **FREE** ★

020 8556 2629
ridingcentre@leevalleypark.org.uk

IJS FREE SKATING/PAIRS OPEN COMPETITION

ALL AGES

Monday 26th to Tuesday 27th May 2014
8am to 7pm
Lee Valley Ice Centre
Lea Bridge Road
Leyton
E10 7QL

Watch as competitors from across the country take part in this freestyle competition.

★ **FREE** ★

020 8533 3154
icecentre@leevalleypark.org.uk

PETUNIA'S PICK – LOVE BRITISH FARMING

ALL AGES

Wednesday 28th May 2014
10am to 5pm
Lee Valley Park Farms
Stubbins Hall Lane
Waltham Abbey
Essex
EN9 2EF

See how nature and farming work together to protect the countryside. Jump on the tractor to meet our dairy farmers, see our woolly friends have their annual haircut, meet British wildlife and lots more.

Adult £9, Child £8, Under 2's FREE

01992 892 781
farms@leevalleypark.org.uk

HOLIDAY TEENSCHEME

13 TO 17 YEARS

Tuesday 27th to Wednesday 28th May 2014
10am to 3.30pm
The Limes
6 Somers Road
Walthamstow
E17 6RX

Activities to include gaming, trips out, movie making, cooking as well as an opportunity to play in our amazing adventure playground, soft play and sensory rooms. Booking is required.

£16.50 for young people without a disability

£7.50 for young people with a disability in receipt of short break hours

Elen Evans
020 8509 8985
elen@thelimes.org.uk

CLUB MELLOW LGBT YOUTH

13 TO 21 YEARS (OR 25 YEARS WITH ADDITIONAL NEEDS)

Wednesday 28th May 2014
6pm to 9pm
The ELOP Centre
56-60 Grove Road
Walthamstow
E17 9BN

Relaxed social group for young people who identify as lesbian, gay, bisexual or trans, or those who would like support around their sexuality or gender identity with activities and discussions.

£1

ELOP
020 8509 3898
youth@elop.org

WHAT'S ON AT YOUR LOCAL CHILDREN'S CENTRE?

Did you know the Children & Young People's Directory website has a complete and up-to-date list of all children's centre activities taking place this half term as well as throughout the year?

To find out more about other exciting events in your area just visit the Children & Young People's Directory at

WWW.WALTHAMFOREST.GOV.UK/CYPD

Please check the What's On section of the Children and Young People's Directory for events taking place in the borough every day, including **Half Term:**
www.walthamforest.gov.uk/cypd

Walthamstow and District Photographic Society

Mondays, 8–10pm
Greenleaf Baptist Church Hall, 4 Greenleaf Road, E17 6QQ
For those new to photography and those wishing to improve their skills. Summer School runs from Monday 7 July to Monday 18 August. **For more information, including full programme, visit www.wdps.org or email info@wdps.org**

Banjo classes for adults

Days and times TBC
Studio Office, Quaker Meeting House, 1a Jewel Road, E17 4QU
Weekly five string bluegrass banjo classes for adults from absolute beginners to all levels, with highly experienced professional musician whose work spans over 25 years. Private lessons are also available. **For more information, and to book, phone Dick Smith on 07903 419 691, email info.banjosmith@gmail.com or visit www.banjosmith.co.uk**

Ukulele classes for adults

Wednesdays and Saturdays
Studio Office, Quaker Meeting House, 1a Jewel Road, E17 4QU
Come and learn the ukulele, or brush up your skills with an experienced, professional musician in a fun and relaxed environment. **For more information, and to book, phone Dick Smith on 07903 419 691, email info.banjosmith@gmail.com or visit www.banjosmith.co.uk**

Strung Out violin groups for adults

Days and times TBC
Studio Office, Quaker Meeting House, 1a Jewel Road, E17 4QU
Strung Out is a fun violin group for adult enthusiasts of all levels, with a professional musician. All styles of music welcomed from classical to traditional. Intermediates, easy and early stages/beginners welcome. Evening classes are limited, so please phone in advance to reserve a place. **For more information phone Alison Jones on 07740 622 428, email strungout@shapeshifter-productions.com or visit www.shapeshifter-productions.com**

Stow Tellers – Storytelling Club

Monday 12 May, 7.30–9.30pm
The Welcome Centre, St Mary's Church, 8 Church End, E17 9RJ
An evening of traditional stories, myths, legends, folk tales and tall tales on the second Monday of every month. This month Mike Forbes tells the timeless tale of 'The Death of Odysseus'. There are also plenty of opportunities to tell a story yourself. Cost is £3 or £2 for concessions. **For more information find us on facebook – stowtellers – or email Mike and Jumana stowtellers@yahoo.co.uk**

Chingford Open Mic

Third Thursday of the month, 8.30pm
The Old Hall Tavern, Hall Lane, E4 8EY.
Supportive audience welcomes performers of all levels in this friendly and inclusive live music venue, covers or original material. Free entry and use of PA and amps or do your thing unplugged. Come and be part of the best Open Mic in East London! Entry is free. **For more information phone Trev on 07947 028 755.**

Vintage/Retro and more

Saturday 14 June, 11am–5pm
Lister Hall, Leytonstone Methodist Church, High Road Leytonstone, E11 3DA
All things vintage, retro and more available for the individual in you and yours. Refreshments. Music. Access for all. £1 entry. **Free entry for children accompanied by an adult.**
For more information phone Sandra on 07956 221 710.

Writing Workshops

Tuesdays, 3 June to 24 June, 7–9pm
39 Orford Road, Walthamstow, E17 9NE
This series of writing workshops with author, journalist and lecturer Brandon Robshaw will focus on the fairy tale, ghost stories, dream fiction, and 'what-if' stories. Every session will include discussion, writing exercises, reading out work and writing tasks to take home. You should finish the course with plenty of work in progress to continue with. **For full course details visit www.mendham-writers.com To book email rochelle@mendham-writers,com or phone 07743 898 043.**

E17 Jazz

Wednesday 25 June, 8.30– 10.30pm
Orford House Social Club, 73 Orford Road, E17 9QR
The award winning E17 Jazz Collective presents concerts on the last Wednesday of each month featuring local musicians of national renown plus exciting guest stars in a relaxed jazz club setting. **For more information visit www.e17jazz.com/whatson/**

Mirror Mic Open Mic

Friday 30 May, starts 7.30pm
Waltham Forest Sports and Social Club, Town Hall Complex, Forest Road, E17 4JF
This popular event is the best variety open mic in town. Performers sign up from 7.30pm. Come and cheer on some raw London talent at this wonderful venue. Join us on the last Friday of every month. **For more information email andy@mirror-mic.com or phone 07940 260 558.**

Learn Mandarin

Days and times vary
LCB Education Centre, Suite 12 Gateland Business Centre, 210 Church Road, E10 7JG
Develop your Mandarin language and cultural skills for a successful future! Discover the fun steps to speaking, reading, writing and thinking in a new language. A range of courses available including beginners, intermediate and advanced conversational Mandarin, Chinese calligraphy, business Chinese and Mandarin for kids. **For more information phone Mr Jianhui Cai on 07412 485 813 or email crossculturebilingualeducation@yahoo.co.uk**

Ben Johnson Concert

Saturday 17 May, 7.30pm
Chingford Parish Church, The Green, E4 7ER
Internationally acclaimed tenor Ben Johnson, accompanied by Tom Primrose on piano, will be performing an evening of English songs. Includes works by Parry, Stanford, Coates, Sullivan and others. This is a rare opportunity to hear this exceptional tenor. Proceeds in aid of the Hall on The Green Project. Tickets available at the door priced £12, concessions £10, under 15s £2. **To buy tickets in advance phone 020 8529 6092.**

Free Jewellery Making Tasters

Saturdays and Sundays 31 May to 15 June, 4–7pm
124 Farnan Avenue, Walthamstow E17 4NH
Drop in during the E17 Art Trail on a Saturday or Sunday and join a free 20 minute session making earrings or a pendant – huge choice of beads. Also other craft tasters, demonstrations, art exhibition (more info on our website). Next full Introductory Workshop Saturday 17 May, 10am–1pm. Classes are small and friendly, booking is essential. **For more info and other workshops visit www.beyondbeading.co.uk or phone Birgit on 07910 251 629.**

The Yeoman of the Guard

Thursday 15 to Saturday 17 May, 7.45pm and Saturday 2.30pm
The Deaton Theatre, Forest School, Oakhurst Gardens, E17 3PY
Chapel End Savoy Players present Gilbert and Sullivan's The Yeoman of the Guard. Tickets for all evening performances are £14 or £12 for concessions. Tickets for Saturday matinee are £12 or £10 for concessions. Tickets for under 18s cost £5 for all performances. There is a 10 per cent discount for 10 tickets or more and tickets are also available on the door. **To buy tickets phone 020 8529 3143 or 020 8527 0215, email boxoffice@cesp.org.uk or visit www.ticketsource.co.uk/cesp.**

Word Down Walthamstow (including Open Mic)

Saturday 17 May 2014, 7.30pm
Red Room, Ye Olde Rose & Crown, 53–55 Hoe Street E17
Featuring host comic poet Neal Zetter, top stand up star Nick Hall, madcap mixtures of spoken word and comedy magic from Oh Standfast and Leesha Loca plus a witty musical set from Barnaby Griffin. Open mics must arrive at 7.15pm to sign up or message WdW's Facebook page. Tickets £5 (all acts free) on the night or in advance. **For more information phone 020 8509 3880.**

Children and young people

Children and Young People's Directory

Compiled by the Council's Early Intervention and Prevention Service (EIP), the CYPD is packed with useful information and guidance for all families including local support services, Ofsted registered childcare and a 'What's On' section with activities for all ages. **For more information visit www.walthamforest.gov.uk/cypd**

ACT 2 Drama School

Mondays, Tuesdays and Fridays, 3.30–5.30pm
Handsworth Primary School, Handsworth Avenue, E4 9PJ
For ages five to 11.
Wednesdays, 6.45–8.15pm
Wingrove Hall, Beech Hall Road, E4 9NT
For ages 11 and over. **For more information, including an application pack, phone 07939 144 355, email Management@act2drama.co.uk or visit www.act2drama.co.uk**

E17 Junior Guitar Club

Saturdays, times vary
Hornbeam Centre, 458 Hoe Street, E17 9AH
Guitar playing fun for children of all abilities. Ages 7 and upwards. Pay £8 for a taster session, then £48 for a half-term of six lessons 30 minutes each. **For more information phone Christian Karlsson on 07958 471 083, email chris@stunningmusic.com or visit www.stunningmusic.com**

Acting Bugs

Fridays, 9.50–11.30am
The Peterhouse Centre, 122 Forest Rise, E17 3PW
Acting Bugs and Diddy Bugs are drama groups for children aged three to four years and 18 months to three years lead by local TV actress and mum, Sam Seager, and children's author Shirani Bolle. The sessions introduce pre-school children to the world of drama in a fun and playful way, inspiring young imaginations through storytelling, movement, music, puppets and bubbles. Parents stay with their children through the session. Numbers strictly limited so please email or call to book your free taster session. **Email info@actingbugs.co.uk, visit www.actingbugs.co.uk or phone 07548 196 722.**

Magic Box: Drama and Storytelling

Tuesdays, 10am and 4pm; Thursdays, 10am and Saturdays 10.30am
Mothers Hub, 133 Wood Street, E17 3LX
What's inside the Magic Box today? Join a host of different characters, from Captain Wonkynose to Herman the Hermit Crab, as they lead you on exciting and interactive adventures. Coffee and cake included. £4 per child or £6 for two children. **See the Magic Box Facebook page for more information or email magicboxe17@gmail.com**

Bongalong Early Risers

Saturdays, 8.30am
St Mary's Welcome Centre, 8 Church End, E17 9RJ
A fun mix of singing, rhymes, stories and fabulous instruments for children under five and their carers, with breakfast snacks included. £6 per child under five, £10 for two siblings under five. Older siblings up to eight years welcome; £3. This is a drop in session.

Pond dipping

Thursday 29 May, 11am–1pm
Suntrap Forest Education Centre, Church Road, High Beach, IG10 4AJ
Visit our pond to carefully collect some of the fascinating animals which live there, then have a closer look using microscopes and hand lenses. Bring your own picnic to enjoy in the grounds after the pond dipping. Grounds open until 3pm for picnics. £2 per person. **No booking required, for more information email suntrap.centre@walthamforest.gov.uk or phone 020 8508 0611.**

Tell us what's on

Email your event details to:

walthamforestnews@walthamforest.gov.uk

Free internet access is available at all libraries in the borough.

Please note inclusion cannot be guaranteed, due to the high volume of requests received.

Planning

PLANNING AND COMPULSORY PURCHASE ACT 2004
THE TOWN AND COUNTRY PLANNING (LOCAL PLANNING) (ENGLAND) REGULATIONS 2012
NOTICE OF INDEPENDENT EXAMINATION (REGULATION 24)
WALTHAM FOREST LOCAL PLAN
BLACKHORSE LANE AREA ACTION PLAN

Notice is hereby given that the London Borough of Waltham Forest's submitted Blackhorse Lane Area Action Plan is to be subject to examination under Section 20 of the Planning and Compulsory Purchase Act 2004.

(a) Title of Document
Waltham Forest Local Plan Blackhorse Lane Area Action Plan

(b) Time and place of public hearing
The examination public hearing will commence at 10.00am on Tuesday 24 June 2014 in the London Borough of Waltham Forest, Town Hall, Forest Road, London E17 4JF.

(c) The Inspector
The Inspector for the independent examination is Mr Peter Drew BSC (HONS) DIPTP MRTPI.

Further information about the examination can be obtained from the Programme Officer, Ms Andrea Copsey, on 07842 643988, or andrea.copsey@walthamforest.gov.uk.

Up to date information about the examination can be found on the Council's Blackhorse Lane Area Action Plan examination pages: http://www.walthamforest.gov.uk/Pages/ServiceChild/aap-blackhorse-lane.aspx

Notices

LONDON BOROUGH OF WALTHAM FOREST
PLANNING (LISTED BUILDINGS AND CONSERVATION AREAS) ACT 1990 – SECTION 67

NOTICE IS HEREBY GIVEN that the following application for a building within a Conservation Area has been made to this Authority.

APPL.NO 2014/0804
APPLICANT Mr Iftikhar Qasim
ADDRESS Land at Vestry Road Walthamstow (rear of 2 East Avenue), Walthamstow, E17 9NG
PROPOSAL Erection of two storey, two bedroom live-work unit

The application is open to inspection by the Public at the offices of the Development Management, Sycamore House, Town Hall Complex, Forest Road, London E17 4JF between the hours of 9.00a.m. – 5.00p.m. Monday to Friday. Any representations relating to the application should be made in writing to the Planning Division within 21 days of the date of this Notice.

LONDON BOROUGH OF WALTHAM FOREST
TOWN & COUNTRY PLANNING (DEVELOPMENT MANAGEMENT PROCEDURE) (ENGLAND) ORDER 2010 – NOTICE UNDER ARTICLE 13

NOTICE IS HEREBY GIVEN that the following application for planning permission has been made to the Council for which additional publicity is required.

APPL.NO 2014/0787
ADDRESS Waltham Forest College 707 Forest Road, Walthamstow E17 4JB
PROPOSAL Demolition of arts building and erection of three storey building, refurbishment of existing east wing to include replacement windows and rooflights and construction of external lift shaft in east courtyard.
APPLICANT Waltham Forest College

The application is open to inspection by the Public at the offices of the Development Management, Sycamore House, Town Hall Complex, Forest Road, London E17 4JF between the hours of 9.00a.m. – 5.00p.m. Monday to Friday. Any representations relating to the application should be made in writing to the Planning Division within 21 days of the date of this Notice.

NOTICE IS HEREBY GIVEN that the following application for planning permission has been made to the Council for which additional publicity is required.

APPL.NO 2014/0832
ADDRESS Sir George Monoux College 190 Chingford Road, Walthamstow London E17 5AA
PROPOSAL Demolition of existing gymnasium building and construction of two storey building for gymnasium and classrooms and extension to sports hall.
APPLICANT Sir George Monoux College

The application is open to inspection by the Public at the offices of the Development Management, Sycamore House, Town Hall Complex, Forest Road, London E17 4JF between the hours of 9.00a.m. – 5.00p.m. Monday to Friday. Any representations relating to the application should be made in writing to the Planning Division within 21 days of the date of this Notice.

NOTICE IS HEREBY GIVEN that the following application for planning permission has been made to the Council for which additional publicity is required.

APPL.NO 2014/0845
ADDRESS Waltham Forest Pool & Track 170 Chingford Road, Walthamstow London E17
PROPOSAL Demolition of existing swimming centre and construction of new leisure centre comprising; 25m 8 lane swimming pool, learner pool, extreme sports, 4 court sports hall, cafe, wet and dry change, wet spa, external change, activity room, kids play and ancillary areas on the first floor and spectator gallery, fitness suite, dance studios, dry spa, staff welfare and change areas and associated car parking and landscaping.
APPLICANT Greenwich Leisure Limited

The application is open to inspection by the Public at the offices of the Development Management, Sycamore House, Town Hall Complex, Forest Road, London E17 4JF between the hours of 9.00a.m. – 5.00p.m. Monday to Friday. Any representations relating to the application should be made in writing to the Planning Division within 21 days of the date of this Notice.

Dated this day 12th May 2014
David Scourfield- Head of Development Management
On Behalf of London Borough of Waltham Forest

Highways

LONDON BOROUGH OF WALTHAM FOREST
ROAD TRAFFIC REGULATION ACT 1984 – SECTION 14(1)
THE WALTHAM FOREST (VARIOUS ROADS, WALTHAMSTOW AREA E17) (TEMPORARY PROHIBITION OF TRAFFIC, RESTRICTION ON WAITING AND LOADING AND SUSPENSION OF ONE-WAY WORKING) (NO. 1) ORDER 2014 – TT31

1. The Council of the London Borough of Waltham Forest HEREBY GIVES NOTICE that it intends to make an Order to enable construction works to be carried out in a safe and efficient manner in certain roads, the general effect of which would be, only at such times and to such extent as regulatory signs are displayed to temporarily prohibit traffic (except works vehicles), restrict waiting and loading by vehicles (except works vehicles) and temporarily suspend one-way operation in certain roads.
2. Whilst the works are being carried out, no person shall cause or permit any vehicle to enter, proceed, wait or load for any purpose, at any time, in the roads, or parts of roads listed in the Schedule to this Notice.
3. Whilst the works are being carried out the one-way operation for traffic is temporarily suspended in Cedars Road E17, Edinburgh Road E17, Gosport Road E17, Priory Road E17, Sylvan Road E17 and Tennyson Road E17.
4. Whilst the prohibitions referred to in paragraph 2 above remain in force, alternative routes for traffic would be indicated by traffic signs.
5. Vehicles waiting or loading in disregard of this Order would be removed.
6. The restrictions mentioned above would not apply in relation to any vehicle being used -
(a) in connection with the said works; or
(b) for ambulance, fire brigade or police purposes in an emergency.
7. The Order would come into operation on **27th May 2014** and would be valid for a maximum period of 3 months or until the works are completed, whichever is the sooner.

NOTE: These works would not be carried out simultaneously in all roads but in a sequence as directed by the Council. Leaflets would be distributed and signage placed in advance of any works in the above mentioned roads which would give more specific details on the exact dates of the prohibitions, effects of any temporary traffic management and diversion routes as necessary.

Dated 12th May 2014
Mr K Valavan, Head of Highways and Infrastructure, Public Realm, Low Hall, Argall Avenue, London, E10 7AS

Schedule

Road	Definition
Cedars Avenue E17	Between its junction with Hoe Street and a point opposite the north-eastern boundary wall of No. 2 Priory Road
Edinburgh Road E17	Between its junction with Shrubland Road and a point outside the common boundary of Nos. 70 and 72 Edinburgh Road
Edinburgh Road E17	Between the north-eastern junction of Albert Road E17 and a point outside the common boundary of Nos. 38 and 38a Edinburgh Road E17
Edinburgh Road E17	Between a point outside the northern wall of No. 5 Edinburgh Road E17 and its junction with Queens Road E17
Priory Avenue E17	Between its junction with Hoe Street and a point opposite the north-eastern boundary wall of No. 2 Priory Road
Gosport Road E17	Between its junction with Hove Avenue and a point outside the common boundary of Nos. 74 and 76 Gosport Road
Ringwood Road E17	Between its junction with Gosport Road and a point outside the common boundary of Nos. 65 and 67 Ringwood Road E17
Ringwood Road E17	Between its junction with Campus Road and a point outside the common boundary of Nos. 55 and 57 Ringwood Road E17
Ringwood Road E17	Between its junction with Markhouse Road and a point outside the common boundary of Nos. 36 and 38 Ringwood Road E17

LONDON BOROUGH OF WALTHAM FOREST
ROAD TRAFFIC REGULATION ACT 1984 – SECTIONS 6
AMENDMENTS TO AND PROVISION OF WAITING RESTRICTIONS IN LARKSHALL ROAD AND AJOINING ROADS
The Waltham Forest (Waiting and Loading Restriction) (Amendment No. 58) Order 2014 (T5)

1. **NOTICE IS HEREBY GIVEN** that the Council of the London Borough of Waltham Forest (the Council) on **6th May 2014** made the above-mentioned Order under sections 6 and 124 of and Part IV of Schedule 9 to the Road Traffic Regulation Act 1984, as amended.
2. The general effect of the Order will be to:
(a) introduce double yellow line "at any time" waiting restrictions in the roads and lengths of road specified in Schedule 1 of this Notice;
(b) extend the existing double yellow line "at any time" waiting restrictions in the roads and lengths of road specified in Schedule 2 of this Notice;
(c) convert existing single yellow line waiting restrictions to double yellow line "at any time" waiting restrictions in the roads and lengths of road specified in Schedule 3 of this Notice; and
(d) make minor corrections to existing order definitions in some of the above roads so they better reflect what is currently on the ground (there would be no change to the way the current restrictions operate).
3. Copies of the Order, which will come into operation on **12th May 2014** and other relevant documents can be inspected during normal office hours on Mondays to Fridays inclusive until the expiration of a period of 6 weeks from that date, at: (a) The Information Desk, Town Hall, Forest Road, Walthamstow, E17; and (b) Low Hall, Argall Avenue, London, E10 7AS.
4. Any person desiring to question the validity of the Order or of any provision contained therein on the grounds that it is not within the relevant powers of the Road Traffic Regulation Act 1984, or that any of the relevant requirements thereof or of any relevant regulations made thereunder has not been complied with in relation to the Order may, within six weeks of the making of the Order, make application for the purpose to the High Court.

Dated 12th May 2014
Mr. K. Valavan, Head of Highways and Infrastructure, Public Realm, Low Hall, Argall Avenue, London, E10 7AS

SCHEDULE 1
- **Coolgardie Avenue** (northern side) at its junction with Larkshall Road;
- **East View** at its junction with Larkshall Road;
- **Larkshall Road** (the east side)
  - o at its junction with Coolgardie Avenue;
  - o outside Nos. 362 and 366 Larkshall Road;
  - o outside and between Nos. 380 and 390 Larkshall Road;
- **Larkshall Road** (the south-west side) between the Corner Café and the railway line;
- **Larkshall Crescent (southern arm)** (both sides) at its junction with Larkshall Road; and
- **Linnett Close** (south side) at its junction with Larkshall Road;
- **Mead Crescent** at its junction with Peasmead Terrace/New Road E4 (for a distance of 10 metres);
- **Peasmead Terrace/New Road E4** at its junction with Mead Crescent (for a distance of 10 metres); and
- **Oakdale Gardens E4** at its junction with Larkshall Road.

SCHEDULE 2
- **Ropers Avenue** (the north side) at its junction with Larkshall Road to the eastern wall of No. 2 Ropers Avenue.

SCHEDULE 3
- Larkshall Road -
  - o (the east side) at its junction with Russets Close; and outside the garage entrance of No. 250 Larkshall Road;
  - o (the east and west side) at its junction with Lars khall Crescent (northern arm) (between Nos. 240 and 244 Larkshall Road);

o (the west side) at its junction with Larkshall Crescent (southern arm) (opposite Coolgardie Avenue);
o (the west side) between its junctions Oakdale Gardens and Ropers Avenue

- **Larkshall Crescent (northern arm)** – (both sides) at its junction with Larkshall Road; and
- **Linnett Close** – (both sides) at its junction with Larkshall Road.

LONDON BOROUGH OF WALTHAM FOREST
TOWN AND COUNTRY PLANNING ACT 1990
THE COUNCIL OF THE LONDON BOROUGH OF WALTHAM FOREST hereby gives notice that it has made an order under section 247 of the above Act entitled the London Borough of Waltham Forest (Stopping Up of Highways) (No.1) Order 2014 to authorise the stopping up of the following areas of public highway showed hatched red on the plan attached to the order:
(1) The area of public highway known as Alders Avenue, Woodford Green, IG8 9PY formed of one rectangular shaped area measuring an area of 52m² with the width varying from 4.9 to 6.5 metres and the length from 8.6 to 9.1 metres; and
(2) The area of public highway known as Alders Avenue, Woodford Green, IG8 9PY formed of one quadrant shaped area measuring an area of 191m² with a width of 13 metres and a length 15.6 metres.
THE ORDER IS MADE, to enable the development described in the Schedule to this notice to be carried out in accordance with the planning permission granted to East Homes Limited by the Council of the London Borough of Waltham Forest on 11 December 2013 under reference 2013/0066.
COPIES OF THE ORDER AND THE RELEVANT PLANS MAY BE INSPECTED during normal office hours at (a) The Information Desk, Town Hall, Forest Road, Walthamstow, E17; and (b) Low Hall, Argall Avenue, London, E10 7AS free of charge.
ANY PERSON aggrieved by the Order and desiring to question the validity thereof, or of any provision contained therein, on the ground that it is not within the powers of the above Act or that any requirement of that Act or of any regulation made thereunder has not been complied with in relation to the Order may, within 6 weeks of 12th May 2014, apply to the High Court for the suspension or quashing of the Order or of any provision contained therein.
Dated: 12th May 2014
MR. K. VALAVAN, Head of Highways and Infrastructure, Low Hall, Argall Avenue, London, E10 7AS

THE SCHEDULE
Demolition of existing garages and erection of 2 x 3 bedroom houses

LONDON BOROUGH OF WALTHAM FOREST
INTRODUCTION OF 20MPH ZONES LEYTON E10 – FULREADY/HALFORD ROAD REGIONS AND REGIONS NORTH AND SOUTH OF CHURCH ROAD E10
The Waltham Forest (20 mph Speed Limit) (No. 3) Speed Limit Order 2014 (T10)
1. **NOTICE IS HEREBY GIVEN** that the Council of the London Borough of Waltham Forest on **6th May 2014** made the above-mentioned Order under sections 84 and 124 of and Part IV of Schedule 9 to the Road Traffic Regulation Act 1984, as amended.
2. The general effect of the Order will be to introduce a maximum speed limit of 20 mph in the streets specified in Schedules 1, 2 and 3 of this Notice.
3. Copies of the Order, which will come into operation on **12th May 2014** and other relevant documents can be inspected during normal office hours on Mondays to Fridays inclusive until the expiration of a period of 6 weeks from that date, at: (a) The Information Desk, Town Hall, Forest Road, Walthamstow, E17; and (b) Low Hall, Argall Avenue, London, E10 7AS.
4. Any person desiring to question the validity of the Order or of any provision contained therein on the grounds that it is not within the relevant powers of the Road Traffic Regulation Act 1984, or that any of the relevant requirements thereof or of any relevant regulations made thereunder has not been complied with in relation to the Order may, within six weeks of the making of the Order, make application for the purpose to the High Court.

Dated 12th May 2014
Mr. K. Valavan, Head of Highways and Infrastructure, Public Realm, Low Hall, Argall Avenue, London, E10 7AS.

SCHEDULE 1 (streets north of Church Road E10)
Atkins Road E10, Belmont Park Road E10 (all), **Bickley Road E10, Bromley Road E10, Cambrian Road E10, Capworth Street E10, Dunton Road E10, Gloucester Road E10, Knotts Green Road, Leyton High Road E10** (between its junction with Belmont Park Road and a point adjacent No. 780 Leyton High Road E10*), **Malta Road E10, Manor Road E10** (between its junctions of Lea Bridge Road and Capworth Street), **Melbourne Road E10, Palamos Road E10, Pardoe Road E10, Shortlands Road E10, Skelton's Lane E10, St. Helier's Road E10, Vicarage Road E10** (between its junctions with Lea Bridge Road and Capworth Street) **Waterloo Road E10, Westerham Road E10, Whitney Road E10 and William Street E10**.
*NB/ This is an extension to an existing 20 mph zone on Leyton High Road between Lea Bridge Road and Belmont Park Road E10.

SCHEDULE 2 (streets south of Church Road E10)
Bloxhall Road E10, Clementina Road E10, Dagenham Road E10, Elm Park Road E10, Etloe Road E10, Ive Farm Close E10, Ive Farm Lane E10, Kettlebaston Road E10, Marconi Road E10, Marsh Lane E10, Millicent Road E10, Morieux Road E10, Norton Road E10, Perth Road E10, Seymour Road E10, Simonds Road E10, Tallack Road E10, Villers Close E10 and Wiseman Road E10.

SCHEDULE 3 (all streets off Halford Road E10)
Eatington Road E10, Forest View Avenue E10, Fulready Road E10 and Halford Road E10.

Waltham Forest News advertising

Did you know Waltham Forest News has a circulation of 110,000 – Advertising has never been so effective?

For further information on the different advertising opportunities available please call 020 8496 3000 (press option 6) or email: advertisingwfn@walthamforest.gov.uk

Free Family Friendly Cycle Training and Dr Bike

27 – 30 May Half Term, at South Grove Car Park, Side Road, Walthamstow E17 7NX

Following the courses run in February this year, we are pleased to be able to offer free cycle training courses for all age ranges throughout the May half term:

- group training sessions for families (age 7+)
- group training for children aged 9+
- group training for adults – from novice to experienced rider

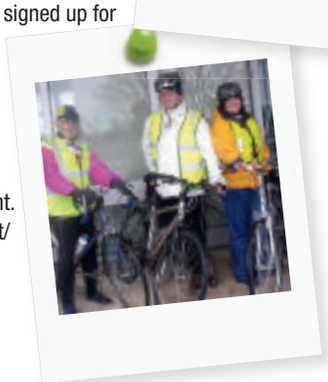
On Tuesday 27 May Dr Bike will also be at South Grove, offering free bike maintenance and simple repairs from 10am – 4pm.

All courses are delivered through our training provider, Cycle Confident, and are available to anyone living, working or studying in the borough.

Whether you are an experienced cyclist or a complete beginner, brushing up or learning new skills is always beneficial.

So if you are returning to cycling, are looking build on your existing experience, or if your child's school has not already signed up for Bikeability training, this is a good opportunity for everyone!

To find out more, and to register for your free training, visit http://www.cycleconfident.com/sponsors/waltham-forest/ or call 02030316730



Waltham Forest

Ingleton Wood

North East London NHS
NHS Foundation Trust

Proposed Redevelopment at Thorpe Coombe Hospital, Forest Road, Walthamstow, E17 3HP

North East London NHS Foundation Trust (NELFT) is preparing to submit a planning application for the redevelopment of Thorpe Coombe Hospital to provide a high quality residential development, including the conversion of Thorpe Coombe House and new Health Centre.

We would like to know your views on the proposed development. A public consultation event is being held where you will be able to see more details, make comments and speak to the Project Team. The venue is The Boardroom, Thorpe Coombe House, Thorpe Coombe Hospital, 714 Forest Road, Walthamstow E17 3HP on **Monday 19th May from 3pm until 8pm.**

If you require further information in relation to the meeting, please contact Amber Slater or Iain Hill at Ingleton Wood on **01603 666847**

The Big London ENERGY SWITCH

Waltham Forest Council is supporting a scheme to help see if residents can get a better deal on their gas and electricity bills

You may be paying too much for your gas and electricity!

How does the scheme work?

- The Big London Energy Switch is a collective switching scheme run by Waltham Forest Council and a number of other councils in London.
- By gathering together a large number of people who want to lower their gas and electricity bills the Big London Energy Switch, using a third party 'switching provider', can **encourage** energy companies to offer their lowest prices.
- Once registration is closed, all the energy companies are invited to offer their best prices to everyone who registered.
- You will then receive details of exactly how much money you could potentially save by switching.
- You can choose whether or not to accept the offer.

To find out more or to register go to www.biglondonenergyswitch.org.uk or call 0800 048 8439 (if you do not have internet access)

How much can I save?

Savings depend on how much energy you use and the price of your current tariff.

There is **no guarantee** the switch will save you money, for example if you have recently switched supplier you may already be on the best value tariff. You are under no obligation to accept the offer. A similar scheme has seen yearly savings of between £60 and £200 per household, so there is nothing to lose by registering.

Can I take part?

Anyone who pays a household energy bill can take part, although if you are in debt to an energy company you may not be allowed to switch.

When is the switch happening?

You can register your interest now. Registration has been extended and will close on 9th June, with offers to customers expected from the 20th June.

In partnership with Waltham Forest